

# REIKI I

**Rei** (meaning 'spirit') and **ki** (meaning 'life force energy')  
These two Japanese characters describe the energy itself.

**Reiki** is the science and art of  
activating, directing and applying natural, universal life energy,  
to promote energy balancing, healing wholeness.

Reiki is one of the more widely known forms of healing.

Through direct application of Chi, or life force,  
this form of Physical, Emotional and Spiritual healing is used for  
relaxation, stress relief, and to change a cycle in the body.

**Reiki I** is the basics of physical healing

It attunes you to receive the universal, life force energy.  
You will learn to do Reiki treatments on yourself and others.

**Saturday, April 2, 2016**

**9:30am to 1pm**

**Reiki I ~ \$125.00**

**Certification Included.**

**Reiki II & Reiki III** to follow, which completes Reiki Master Training

**Gayle Franceschetti, Med., CHT**, founder of the "L.O.V.E. Institute",  
is an internationally known intuitive counselor, healer and Reiki Master, a graduate of the  
Institute of Healing Arts and Sciences, a Certified Hypnotherapist and does past life  
regressions. Gayle has studied privately with Madre Sarita, herself a Toltec Shaman and  
mother of Don Miguel Ruiz, the author of The Four Agreements.

Gayle has been consecrated by Madre Sarita as a healer in the Toltec way.  
She holds Masters Degrees in Education and Counseling.

**The L.O.V.E. Institute**

Lightworker of Vibrational Energy Institute

36 Cheshire Rd

Wallingford, CT. 06492

203-265-2927 ~ [info@return2love.com](mailto:info@return2love.com) ~ <http://www.return2love.com>